

Newsletter

PRAGJYOTISHPUR UNIVERSITY



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April 2024 to September 2024



Pragjyotishpur University Aewsletter



तत्र प्राग्ज्योतिषं नाम जातरूपमयं पुरम्...। रामायण, "किष्किन्धाकाण्ड", ४२.३१



Words from the Chancellor

It gives me immense pride and joy to present to you the Second Volume, First Issue, of Kaumudi, the esteemed newsletter of Pragjyotishpur

University, Guwahati, Assam. This publication serves as a testament to continuous journey of excellence in education, research, and community engagement, affirming its position as a premier center for learning in Northeastern India.

Since its inception, Pragjyotishpur University has strived to become an exceptional hub for higher education in the region. The University has cultivated an environment that encourages academic excellence, innovative research, and holistic development. The academic programs are meticulously designed to equip students with the skills necessary to thrive in a rapidly changing world, thereby making significant contributions to society. The University caters to the multifaceted interests and aspirations of the student body. Its faculty comprises distinguished scholars and practitioners dedicated to nurturing the next generation of leaders and thinkers.

At Pragiyotishpur University recognizes the importance of quality education. It's curriculum is continuously updated to reflect the latest advancements in various fields, ensuring that our students are well-prepared to meet the demands of the global workforce. Through a blend of theoretical knowledge and practical experience, it empowers the students to become innovative problem-solvers.

Pragjyotishpur University's commitment to education extends beyond the classroom. It actively engages with the local community, fostering a sense of social responsibility among our students. Through various outreach programs, it aims to uplift marginalized sections of society and promote sustainable development.

The pages of this newsletter will provide you with insights into the recent activities and achievements. From the Puja Bidhi and Pariyal Sanmilan to the Governing Body meeting, and from the Practical Tour of Natural Farming to our participation in the Summer School at IIM Shillong, each event showcases our dedication to fostering a vibrant academic community.

plays a crucial role in our university's communicationstrategy, serving as a bridge between the university and its stakeholders. This newsletter not only informs our community about the latest developments but also highlights the achievements and contributions of the students and faculty. Through Kaumudi, we aim to inspire pride in the university and encourage a culture of collaboration and innovation.

In conclusion, Pragjyotishpur University stands as a beacon of hope and knowledge in Northeastern India. The academic efforts. community engagement, and the publication of Kaumudi are indicative of the progress it has made and its aspirations for the future. I invite you to join us on this exciting journey, as the continue to illuminate minds and inspire generations to come.

> Warm regards Prof. Pradeep Kumar Joshi Chancellor

Pragiyotishpur University, Guwahati, Assam

NEWS & EVENTS

Celebration of Grihapravesh

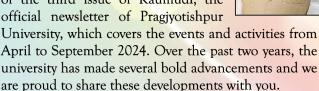




The formal Grihapravesh after performing the Puja Bidhi at the main campus of Pragjyotishpur University in the presence of all family members of the University on 26 April 2024. On the same day, the Pariyal Sanmilan was also held in the University campus.

Words from Vice Chancellor

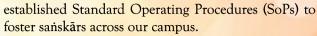
I am delighted to announce the release of the third issue of Kaumudī, the official newsletter of Pragjyotishpur



One of our most significant achievements has been the implementation of the National Education Policy (NEP) 2020. While we live in modern-day India, we have drifted away from the essence of Bharat over the past millennium. This disconnect presents a challenge in realizing the full potential of NEP 2020 and achieving the ambitious goal of Vikśit Bhārat @2047. The successful adoption of NEP 2020 requires more iust policy compliance—it demands transformative shift in attitude. For this change to take root, we must first embrace Bhāratiyatā, the essence of Indian thought and culture. Only then can we equip ourselves with the global competence necessary to position India as a knowledge superpower, or Viśva Guru.

At Pragjyotishpur University, we have embraced NEP 2020 in both letter and spirit. Our four-year undergraduate and five-year integrated postgraduate programmes are aligned with the National Credit Framework, the Curriculum and Credit Framework for Undergraduate Programmes (CCFUP), and the Curriculum and Credit Framework for PG Programmes (CCFPG). In recognition of our efforts, the UGC has entrusted us with hosting the Northeast and East Zone Vice Chancellors' Conference on NEP 2020 implementation, which took place on June 28, 2024.

The hallmark of our undergraduate and integrated postgraduate programmes is the holistic development of students. The curriculum emphasizes values, discipline-specific knowledge, abilities, skills. employability, and sanskars-the moral and cultural imprints that shape character. We offer a diverse basket of courses, including vocational training, ability enhancement, skill development, multidisciplinary, and discipline core courses, all structured around one major and two minor disciplines. Importantly, these courses also incorporate aspects of the Indian Knowledge System, ensuring that students are grounded in Bhāratiyatā. In addition, we have



Furthermore, we have introduced five-year integrated postgraduate programmes across various schools, as well as Bachelor of Pharmacy (B. Pharm) and Diploma in Pharmacy (D. Pharm) programmes in our School of Pharmacy, both of which are approved by the Pharmacy Council of India (PCI).

While we celebrate these achievements, we remain focused on the road ahead. We have a long way to stride to realize our vision to create global transformational knowledge leaders.

Prof. Smriti Kumar Sinha Vice Chancellor Pragjyotishpur University

NEWS & EVENTS



The 2nd Academic Council meeting of Pragjyotishpur University was held at the North-Eastern Hill University Guest House in Guwahati on 27 April 2024. The *KAUMUDĪ* Vol.1 Issue-2 was also released during this meeting.



From the Editorial Desk



Entrepreneurship

There are divergent views on the definition of entrepreneurship.

A person or a group of persons

who undertake(s) risk of a new enterprise is called an entrepreneur and the process of doing, planning, acting, and creating is called entrepreneurship. A systematic purposeful activity as well as a readiness to engage in daring or difficult action is called entrepreneurship. Most of the theoreticians are in favour of Western countries regarding the origin of entrepreneurship. Maybe, this happens due to their active alertness and on the contrary due to our lack of self-esteem. Further, we suffer from inferiority complexes that ours is not good; theirs is good. This feeling originates from the sense of slavery to the British imperialism on the one hand, relentless torture of the Muslim invaders on our heritage and the blood of slavery injected by the education nurtured by the left-liberals in India on the other hand.

We should have respect to all the theories of entrepreneurship irrespective of western or eastern origin, but we should boast of our entrepreneurship developed and nurtured during the period of Chanakya or Kautilya in 350-275 BC. Still, he remains as an iconic inspiration for good governance, proper guidance for duties and responsibilities of the people of a country.

Only due to the entrepreneurship zeal of the Bharatiyas, the country had been consistent in trade relations with foreign countries from time immemorial. But entrepreneurship doesn't confine itself to economic segments, and therefore, terms like social entrepreneurship, cultural entrepreneurship etc. are widely dealt with by the hard-working Bharatiyas.

The country has witnessed tremendous movement in entrepreneurship development right from 2016 with the growth of start-ups due to the positive attitude of the entrepreneurs on the one hand and the benevolent government policies on the other hand. The Shark Tank Show also continues to ignite young minds to do things differently.

Now, society needs entrepreneurs to consequently make all-around changes possible, national economy and innovation assured on the way to reestablish Bharat as the Viswa Guru.

List of Editorial Board

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धर्मार्थकाममोक्षाणामारोग्यं मूलम्तमम्।



NEWS & EVENTS

SUMMER SCHOOL FOR FACULTY OF HEIS IN NORTH-EAST INDIA



Pragjyotishpur University takes the initiative to empower faculty. Seven faculty members of Pragjyotishpur University participated in a four-day Summer School on 'Teaching and Research for Faculty Members of Higher Education Institutions of the Northeast Region'. The programme was organised from 8-11 May 2024 by the Dr. APJ Abdul Kalam Centre for Policy Research and Analysis, Indian Institute of Management, Shillong.

The faculty members were offered the opportunity to participate in the programme as a part of the University's commitment to faculty empowerment, which comes from the institutional mission of advanced scholarship, research, and innovation to facilitate a transdisciplinary approach to providing solutions for achieving sustainable goals of advancement.

Representing the University at the programme were Dr. Pranab J. Kalita (Sanskrit), Dr. Momi Sarma (Assamese), Dr. Bhaskar J. Das (History), Dr. Susmita R. C. Deka (Psychology), Shri N. K. Sinha (English), Smt. Iva Kalita (Sociology), and Smt. Monami Deka (Economics).

The Summer School, the second edition of its kind by IIM Shillong, covered diverse topics including curriculum development, Interpretive Structural Modelling, degrees of technology integration in classroom pedagogy, Factor Analysis, and developing robust research methodologies.

Beyond its purpose as a teaching- and research-oriented programme, the Summer School had a broader objective. It sought to promote collaborative work amongst all of its participants to identify innovative ideas and solutions that could drive the progress of higher education in Northeast India to a level where students from the region could receive top-tier education locally.





SHRADHANJALI

A condolence meeting was held to honour Padmashri Birubala Rabha, great Indian activist who passed away on 13 May 2024. The meeting was convened to offer heartfelt condolences and share her great contributions to society. Padmashri Birubala Rabha campaigned against witch-hunting in Assam. She ran an organisation called Mission Birubala.



NEWS & EVENTS



On April 20, 2024, a team appointed by the Directorate of Medical Education (DME), comprising Dr. Nitul Sarma, Dr. Mahna Bhaumik Singha, and Dr. Bornali Dutta, visited the university campus to assess its infrastructure for the Pharmacy College (B.Pharm and D.Pharm programs). Following their thorough evaluation and favourable report, the Department of Medical Education & Research, Government of Assam, granted a Letter of Permission (LoP) on May 31, 2024. On July 14, 2024, two esteemed inspectors appointed by the Central Government from the Pharmacy Council of India (PCI), Dr. Sinha Ashutosh Kumar and Dr. Kuntal Manna, conducted an in-depth inspection of the university. Their evaluation focused on the institution's infrastructure, faculty, and non-teaching staff. The inspection was thorough, and both inspectors expressed satisfaction with the quality of the facilities and resources. As a result, the university was approved to begin its B.Pharm and D.Pharm courses, with classes scheduled to start on September 4, 2024.



The first Board of Management meeting of Pragjyotishpur University was held on 17 June 2024.



The first Academic Review meeting of Pragjyotishpur University was held on 10 August 2024.



On the 12 August, 2024 Centre for Sanskrit Learning was established at Pragjyotishpur University in collaboration with Central Sanskrit University, New Delhi.



Before starting the regular classes for the Certificate Course for Sanskrit Learning, a Sambhasan Varga was conducted at the University premise where all students participated. Acharya Sadhan Debnath exhibiting items usable in our day to day lives and explained their Sanskrit terms, which attracted the new learners a lot.

NEWS & EVENTS

NORTH-EASTERN & EASTERN ZONES VICE CHANCELLORS' CONFERENCE



Pragjyotishpur University was honoured to host the North-Eastern & Eastern Zones Vice-Chancellors' Conference on Implementation of NEP 2020, in collaboration with the University Grants Commission on 28 June 2024. Honourable Governor of Assam, Mananiya Shri Gulab Chand Kataria ji, inaugurated the conference, which was graced by various distinguished personalities: Honourable Chairperson of the UGC, Prof. Mamidala Jagadesh Kumar; Honourable Education Minister of Assam, Dr. Ranoj Pegu; Honourable Education Minister of Meghalaya, Shri Rakkam A. Sangma; Honourable Vice-Chancellor of Pragjyotishpur University, Prof. Smriti Kumar Sinha; the University's Respected Registrar, Prof. Jogesh Kakati.







Participants from across 140 universities in the North-Eastern and Eastern zones attended this prestigious event. Its deliberations were centered around ten themed sessions: Multidisciplinary and Holistic Education; Digital Empowerment and Online Education; Skill Development and Employability; Research, Innovation, and Entrepreneurship; Capacity Building of Teachers for Quality Education; Governance and Autonomy; Accreditation and Excellence; Equitable and Inclusive Education; Indian knowledge Systems and Indian Languages; Internationalisation of Education.







NEWS & EVENTS





DIKSHANUSTHAN



The Dīkṣānuṣṭhān for students of Pragjyotishpur University was organised on Friday, 16 August 2024, formally marking the start of the Academic Session 2024–25 for the University.

Following the completion of the ceremonial yajña for the occasion, Dr. Susmita R. C. Deka, Faculty of Psychology, PU, conducted a counselling session for all students.

Going forward, the Honourable Vice Chancellor of the University, Prof. Smriti Kr. Sinha, and the University's

Respected Registrar, Prof. Jogesh Kakati, offered the students mārgdarśan for their academic journey ahead. Moving on, Dr. Susmita briefed the students on the timeline of the institutional Academic Calendar for the Śārada Ṣāṇmāsika (Odd Semester) 2024. This was followed by Dr. Pranab J. Kalita, Faculty of Sanskrit, PU, briefing the students on campus culture.

Proceedings of the day were formally concluded with a vote of thanks by Dr. Momi Sarma, Faculty of Assamese, PU.

CELEBRATIONS

Prerana Utsav









Pragjyotishpur University organised felicitation ceremonies in North Lakhimpur on 19 May 2024, at Tezpur and Sarthebari on 27 May 2024, at Bezera on 6 June2024, and at Pathsala on 9 June 2024 for students who had successfully cleared their HSSLC exams. Meritorious students from across schools in various districts of Assam were commended with letters of appreciation to them in tune with call-foraction addresses. Pragivotishpur University a

appreciation to them in tune with call-for-action addresses. Pragjyotishpur University, a society-nurtured higher education, institute lauds the efforts of the students, their parents, and their teachers.





CELEBRATIONS



International Day of Yoga was celebrated with great enthusiasm at Pragjyotishpur University's City Campus on 21 June 2024. Both faculty members and students actively participated in the event, which aimed to promote physical and mental well-being through yoga. The session was conducted by Dr. Kalita, Faculty Pranab Jyoti of Sanskrit, Pragiyotishpur University. He guided the participants through various yoga asanas, physical postures, and breathing exercises. Dr. Kalita emphasized the importance of regular yoga practice for a healthy lifestyle. The event saw a healthy turnout, reflecting the growing interest in yoga among the academic community. Overall, the celebration was a success, fostering a sense of unity and mindfulness among attendees.



धैर्य यस्य पिता क्षमा च जननी शान्तिः चिरं गेहिणी। सत्यं मित्रमिदं दया च भगिनी भ्राता मनःसंयमः।। शय्या भूमितलं दिशोऽपि वसनं ज्ञानामृतं भोजनम्। हयेते यस्य कुटुम्बिनः वद सखे कस्माद् भयं योगिनः।।



National Librarians' Day was celebrated on August 12, 2024, to recognize and appreciate librarians' essential role in managing information and supporting education. It is observed every year on the 12th of August to commemorate the birth anniversary of Padmashri Dr. S. R. Ranganathan, also known as the Father of Library Science in India. The Central Library of Pragjyotishpur University celebrated the day. Honourable Vice-Chancellor of Pragjyotishpur University, Prof. Smriti Kumar Sinha, and the other faculty members delivered speeches on the special occasion.



Honourable Vice Chancellor of Pragjyotishpur University Prof. Smriti Kumar Sinha hoisted the Tiranga with pride and patriotism on the glorious occasion of the 78th Independence Day of India, celebrating the journey of freedom, knowledge, and unity. On the same day, the University celebrated the Amrit Vrikshya Andolan.





CELEBRATIONS



Raksha Bandhan, the festival of unity, bond, love, and cultural heritage, was celebrated at Pragjyotishpur University on 19 August 2024. On the same day, the University also celebrated Sanskrit Divas with great enthusiasm and reverence for the classical language. The event, held in the Sankaradeva Sabhagriha, was organized by the Centre for Sanskrit Learning, Pragjyotishpur University, in collaboration with Central Sanskrit University, New Delhi, to promote awareness of the rich cultural heritage and significance of the Sanskrit language. The highlight of the event, anchored by Dr. Pranab Jyoti Kalita, was an insightful lecture delivered by Acharya Sadhan Debnath, the revered Sanskrit language teacher at the University. In his lecture, Acharya Debnath emphasized the profound role that Sanskrit has played in shaping India's intellectual and spiritual traditions. He spoke of how Sanskrit, often referred to as the "mother of all languages," is not only the repository of ancient wisdom but also a gateway to understanding diverse subjects like philosophy, astronomy, medicine, and linguistics. Acharya Debnath called upon the students to take pride in their linguistic heritage and encouraged them to learn and use Sanskrit in their academic and cultural pursuits. Contextually, he informed them regarding the facilities of Sanskrit learning provided by Central Sanskrit University at the Pragiyotishpur University's premise.

Following the lecture, some students of the university performed a series of cultural programs, showcasing their dedication to the language. The students sang traditional hymns and songs in Sanskrit, creating a serene and spiritually uplifting atmosphere in the auditorium. The senior students introduced themselves in before the gathering.







On 5 September 2024, Pragjyotishpur University enthusiastically celebrated Teachers' Day to honour and appreciate the hard work and dedication of the teachers.



आचार्यात् पादमाधत्ते पादं शिष्यः स्वमेधया। पादं सब्रह्मचारिभ्यः पादं कालक्रमेण च ।।



The Freshers' Social event welcomed new students to the Pragjyotishpur University family on 13 September 2024. The event began with the Assam state anthem, followed by the lighting of the ceremonial lamp by the Vice Chancellor. The Vice Chancellor, the Registrar, and Dean of the School of Pharmacy delivered motivational speeches, highlighting the importance of academic and extracurricular balance. The new students showcased their talents, while the seniors and newcomers collaborated on a lively cultural program. The Chief Guest, Mananiya Shri Baisistha Bujarbaruah was honoured and gave an inspiring speech, encouraging the freshers to pursue their passions. The evening concluded with a vote of thanks and the National Anthem, marking a memorable start to the academic year.

CELEBRATIONS



On 25 September 2024, our University celebrated World Pharmacist Day with a lively Student Faculty Gathering at the Srimanta Sankardeva Sabha-griha, organised by the School of Pharmacy. The event began with a State Anthem, followed by a ceremonial lamp lighting and warm felicitations for the Vice Chancellor, Registrar, and Dean. The addresses delivered by these leaders set a thoughtful tone for the day, leading to an impactful discussion on the role of pharmacists by Shri. Manoj Kashyap and an Oath Ceremony for pharmacy students. The cultural program featured impressive performances, including group songs, dances, and a skit presented by the School of Pharmacy. The students showcased their posters on "Influential Indian People in the Field of Pharmacy,". The gathering concluded with a vote of thanks from Smt. Bhaswati Kashyap and a stirring National Anthem, marking a successful celebration of community and professional dedication.



EDUCATION EMPOWERS, RAGGING DEVOURS



To raise awareness about the importance of maintaining a ragging-free environment, Pragjyotishpur University organised various activities and competitions. An Anti-Ragging Workshop was organised by the Anti-Ragging Cell of Pragiyotishpur University on 25 June 2024. It was aimed at raising awareness among students about the legal and ethical implications of ragging. The workshop was led by Advocate Anupam Sharma, a prominent legal expert, who addressed the gathering on the Anti-Ragging Act, its provisions, and the severe penalties for violations. Contextually, he referred to the role of C4Y, that is, Centre for Youth, towards removing ragging from the minds of the Youth.

A special Anti-Ragging week was organised from 25-31August 2024 for new students at the start of the academic year. Various activities and competitions were conducted during the week, like Essay Writing Competition, Slogan Writing Competition, and Poster Competition. An anti-ragging documentary, too, was screened on this occasion.



EDUCATIONAL TOURS



The students of Pragjyotishour University went for a field visit to the Regional Rainfed Low Land Rice Research Station, Gerua, to enhance their agricultural understanding as a part of their course curriculum.





On 17 August 2024, a group of students with faculty members from Pragjyotishpur University visited the Khamrenga area as part of their educational programme.





VISITS AND VISITORS



Prof. Smriti Kumar Sinha, Honourable Vice Chancellor of Pragjyotishpur University, visited the S-VYASA University, Bangaluru, and discussed with Dr. H. R. Nagendra ji, Founder Vice Chancellor and present Chancellor of S-VYASA University, regarding our yoga courses and avenues for collaboration.



Dr. Avichal Raj Kapur, UGC Joint Secretary, visited the City Campus of Pragjyotishpur University on 29 June 2024.



On 23 August 2024, Dr. Anupam Mishra, Honourable Vice Chancellor, Central Agricultural University, Imphal, Prof. Kiran Hazarika, Pro Vice Chancellor of Central University of Punjab, and Prof. Ibohal Meitei from Manipur University delivered motivational talks to our students.



Students of Pragjyotishpur University had the privilege of being addressed by the Honourable Vice Chancellor of Assam University, Prof. Rajive Mohan Pant, on 28 August 2024. In his address to the students, Prof. Pant said, "All management is ultimately about human resource management, and human resource management is ultimately about self-management. Honing self-management cultivates self-discipline in one, and self-discipline helps one work on one's identified goals with resolve."



Lieutenant General Rana Pratap Kalita (Rtd.) PVSM, UYSM, AVSM, SM, VSM, visited Pragjyotishpur University on 17 September 2024. We are lucky to have Lt.Gen. Kalita ji as the President of Shankardev Education and Research Foundation, the trust that established Pragjyotishpur University.

FACULTY ACTIVITY CORNER

Prof. Smriti Kumar Sinha Vice Chancellor

- Invited as a subject expert in the selection committee for the appointment of Professors and Associate Professors in Computer Science at Tezpur University, Assam on 10 June 2024.
- Nominated as a member by the honourable Chairman, UGC for the Academic Advisory Committee, Malaviya Mission Teacher Training Centre, Gauhati University, for two years on 26 June 2024.
- Invited as the Chief Guest in the inaugural session of the workshop titled *Unveiling Assamese: A journey* through Language Processing organised by the School of Technology, Assam Don Bosco University, Azara, Guwahati on 26-27 July 2024.
- Invited as a Guest of Honour in the Professor of Practice and Diploma in Yoga Education distribution ceremony organised by Yog Gurukul Asom and Manipur International University at Maligaon, Guwahati on 11 August 2024.
- Felicitated in the SWAYAM NPTEL SPOC WORKSHOP 2024 East Zone organised by IIT Kharagpur for outstanding performance as the UGC SWAYAM coordinator and NPTEL SPOC while working in Tezpur University on 24 Aug 2024. Also invited as a speaker, delivered talk focusing on the vital role of online education by SWAYAM in implementing NEP 2020 and the perceived threat of the digital knowledge pool from cyber-attacks.
- Delivered a special lecture on *NEP2020—Objective of Human Development and Future Challenges* at Paschim Guwahati Mahavidyalaya, Dharapur Guwahati on 31 Aug 2024.
- Attended the 13th Convocation of Tripura Central University as the nominee of the visitor, HE President of India on 08 Sept 2024.
- Attended the 43rd Executive meeting of Tripura University as the Visitors nominee on 28 Sep 2024.

Prof. Jogesh Kakati Registrar

- Visited Ramniranjan Jhunjhunwala College, Mumbai on 1st & 2nd April, 2024 as the Member secretary of the NAAC Peer Team.
- Visited Government First Grade College for Women, Chamarajapet, Bangalore, Karnataka on 23rd & 24th May, 2024 as NAAC Peer Team Member Coordinator.
- Visited Vande Mataram Degree College of Arts, Commerce and Science, Mumbai, Maharashtra on 13th
 14th June, 2024 as NAAC Peer Team Member Coordinator.

- Delivered the Late Sukleswar Medhi Memorial Lecture on Assam's Role in the Historic Bharat.
- Joined as the Chief Guest in the freshers' Social of S.B. Deorah College, Guwahati.

Dr. Pranab Jyoti Kalita

Assistant Professor, Sanskrit

• Published a book chapter in the book 'Sodh-Samkalan', bearing the title वेदार्थावबोधे वैदिकस्वराणां महत्वम् -विश्लेषणमेकम् in the month of September 2024.

Dr. Momi Sarma

Assistant Professor, Assamese

- Published a research article titled *Bihugītar Bhāṣā* in a Research Book on 22 April 2024.ISBN:978-93-340-3144-7
- Published a research article titled *Bihugīt: Paramparā āru Paribartan* in a Research Book on 11 May 2024. ISBN:978-93-340-3932-0.
- Participated as a project executive in a **District Orientation Programme** at Dhubri, Kokrajhar and Bongaigaon districts on 2-4 August 2024, organised by Srimanta Sankaradeva Kalakshetra Society, Panjabari, Guwahati.

Dr. Jinti Sharma

Assistant Professor, Commerce

- Published a research paper in Business Studies (UGC-CARE Listed Journal Group 1, ISSN 0970-9657) Vol. XLV, No.1) on *Fintech Adoption in Banking Sector: An Empirical Study.*
- Invited as an External Expert for the Viva-Voce Examination for the subject **Basics of E-commerce** at Royal Global University on 11th June 2024.

Dr. Susmita Roy Choudhury Deka

Assistant Professor, Psychology

- Participated in a National Seminar on NEP 2020: MODEL CURRICULUM AND CONTENT IN PSYCHOLOGY organised by Vidya Bharati Uchcha Siksha Sansthan in collaboration with the Department of Psychology and Mental Health, Gautam Buddha University, Greater Noida on 6 and June 2024.
- Participated in the workshop on NAD & ABC ID, held on 3 July 2024 conducted by Krishna Kanta Handique State Open University, in collaboration with the National e-Governance Division, Digital India Corporation, Ministry of Electronics and Information Technology, Govt. Of India.
- Conducted an open counselling session with the newly admitted students of Pragjyotishpur University on 16 August 2024.

FACULTY ACTIVITY CORNER

Dr. Bhaskar Jyoti Das

Assistant Professor, History

• Published a Paper entitled *Unveiling the Economic Role of Women in Medieval Assam: A Historical Exploration* in Journal Itihas Darpan. (Indexed in UGC Care List) in September 2024.

Shri N.K. Sinha

Assistant Professor, English

- Participated in a Workshop on NAD/Digilocker and ABC ID Creation, organised by Krishna Kanta Handiqui State Open University, Guwahati.
- Completed 7-day FDP on Re-Tracing Memory: Histories, Cultures, and Narratives, organised by Amity University, Jharkhand.

Shri Manoj Kashyap

Assistant Professor,

Pharmaceutical Chemistry

• Published a paper entitled *A technique based on infrared spectroscopy for determining sulfanilamide levels sustainably: Progress and comparisons of greenness and whiteness using Complex GAPI, AGREE, and RGB* in Journal Spectrochimica Acta Part A: Molecular and Biomolecular Spectroscopy (indexed in Scopus, Elsevier) in May 2024.

Shri Sunmon Raj Dutta

Assistant Professor, Pharmaceutics

- Published a paper entitled *A Comprehensive Review* on *Niosomes in Drug Delivery and Recent Advancements* in the Journal of Drug Delivery & Therapeutics (indexed in Scopus) in June 2024.
- Participated in the national webinar on **Stimuli** Responsive Drug Delivery Systems by Exploring Light Responsive targeted Therapy organized by Himalayan University, Itanagar on 27 August 2024.

Shri Hemanga Mazumdar

Assistant Professor, Pharmaceutics

- Published a Paper entitled Quercetin as an Epilepsy Disease Treatment and its Nanotechnological Perspective in Journal of Chemical Health Risks with (Indexed in scopus) ISSN 2251-6727; Published on June, 2024
- Published a Book entitled *Herbal Drug Technology*; Publisher- Stallion Publication with ISBN-978-93-95078-92-6; Published on July,2024

Smt. Bhaswati Kashyap

Assistant Professor, Pharmacognosy

- Published a paper entitled A systematic review on Traditional use, phytochemistry and pharmacological activities of Manilkara Zapota in the journal Pharmacological Research Natural Products (Indexed in UGC Care) in July 2024.
- Published a paper entitled Exploration of the antioxidant and anti-inflammatory potential of Vachellia farnesiana bark by in vitro method in the journal Journal of Pharmacognosy and Phytochemistry (Indexed in Google Scholar) in April 2024
- Published a paper entitled *Shukloti: A Valuable Example of Assam's Traditional Medicinal Plants* in the journal Louhityasahitya setuin September 2024

Smt. Hiyashree Sharmah

Assistant Professor,

Pharmaceutical Chemistry

- Published a paper entitled *Exploring Synthetic Xanthone Derivatives as Potential Anti-Inflammatory Agents: A Comprehensive Review* in Chemical Papers by Springer Nature, August 2024, ISSN: 2585-7290.
- Published a paper entitled A Comparative Study of Fermented and Non-Fermented Bamboo Shoot and Their Applications in Nutraceutical and Pharmaceuticals in Indian Journal of Natural Sciences by The Tamilnadu Scientific Research Organisation (TNSRO), August 2024, ISSN: 0976-0997.
- Published a paper entitled Quercetin as an Epilepsy Disease Treatment and Its Nanotechnological Perspective in Journal of Chemical Health Risks, June 2024, ISSN: 2251-6727
- Published a paper entitled *Unveiling the Latest Biological Insights of Indole and its Derivatives: A Compact Review* in Journal of Chemical Health Risks, May 2024, ISSN: 2251-6727
- Attended a workshop on Proteins in the Lens of Molecular Landscape: Computational Biology in Drug Engineering and Targeting Disease Organised by the Institute of Pharmacy, Assam Don Bosco University, Assam India from 09th April 12th April 2024
- Completed 5 days Faculty Development Program on Herbal Medicine: Harmonising Traditional Knowledge and Modern Health Care System organized by the Assam Kaziranga University, Jorhat, Assam on 5th -9th August 2024.

STUDENTS' CORNER

The dish of regret

Another potion added to the gurgling pot,
a dish of regret,
sickening my gut.

The wrong recipe or a willfully added spice, Knowing very well it's gonna be despised.

Tomorrow is in the frame of my mind—the vague image and its outline.

This dish will be served on my plate!

Yet, overlooked is the taste of regret.

Today, I could turn the flame down or maybe salt the brine some more.

But the procrastinator in me has to wait

Till it's too late.

No turning back the time.

-Surismita Das

ধুনীয়া...

"ধুনীয়া কি?" এদিন এটা কুলিক সুধিলোঁ…

কুলিটোৱে দেখুৱাই দিলে এটা কাউৰীৰ বাহলৈ য'ত আন এটা কুলিয়ে কণী পাৰিছিল আৰু কাউৰী এটাই কণীবোৰ উমনি দি আছিল ...

(খ)

এদিন এটা ময়ুৰক সুধিলোঁ "ধুনীয়া কি?" মুধুৰি থকা আনু এটা মুযুৰু

পেখম ধৰি থকা <mark>আন এটা ময়ুৰলৈ চাই</mark>
ময়ুৰটোৱে দেখুৱাই দিলে এটা কাউৰীলৈ
যি এটা ডাষ্টবিনৰ গোন্ধবোৰ ঠোঁটত লৈ
এখন মানুহৰ চহৰ পৰিষ্কাৰ কৰি আছিল ...

(গ)

কাউৰীটোক এদিন সুধিলোঁ
"ধুনীয়া কি?"
কাউৰীটোৱে হাঁহিছিল ।
কাউৰীটোৱে তেতিয়া
ডাষ্টবিনত বিচাৰি আছিল এটা পৰিষ্কাৰ বস্তু;
কুলিৰ পোৱালিকেইটালৈ বুলি…

আৰু

এজাক মানুহে কাউৰীটো খেদি ফুৰিছিল...

(ঘ)

এটা কুলিৰ মাতত মোৰ ধুনীয়া হবলৈ মন গ'ল… ঠিক কাউৰীটোৰ দৰে….

- অম্লান জ্যোতি শর্মা

আচৰিত অঞ্চল

-দিশাংকীতা শর্মা

এই পৃথিৱীত যাদুৰ নিচিনা এটুকুৰা ঠাই আছে। য'ত আচৰিত ঘটনা সংঘটিত হৈ আহিছে। আশ্চর্যজনক আৰু শংকাৰে ভৰা সেই অঞ্চলটিৰ নাম হ'ল বামুৰ্ডা ত্রিভুজ। সাগৰৰ মাজত থকা এই অঞ্চলৰ কাণ্ডই বেলেগ। আটলান্টিক মহাসাগৰত থকা বার্মুডা ত্রিভুজ হৈছে প্রায় পাঁচ লাখ মাইল আণ্ডৰা এক আচৰিত অঞ্চল। ইয়াৰ উত্তৰ দিশত বার্মুডা, পশ্চিমত মিয়ামি আৰু দক্ষিণ দিশৰ ছেন্ট জোৱান, পউবেৰট ৰিক'ৰ সংযোগ হৈছে। ত্রিভুজৰ নিচিনা এই ঠাইখনৰ ৰহস্য হ'ল এই অঞ্চলৰ ওপৰেৰে বা সাগৰীয় পানীৰে যি বস্তুৱে নাযাওক কিয় সকলো নিমিষতে অন্তর্ধান হৈ যায়। ইতিয়ালৈকে বহুতো উৰাজাহাজ, সাগৰীয় জাহাজ এই ৰহস্য উদ্ঘাটন কৰিবলৈ গৈ অন্তর্ধান হৈছে। জাহাজবোৰ ক'লৈ যায়, কি হয় আজিলৈকে কোনেও একো জানিব পৰা হোৱা নাই। ১৯৪৫ চনত পোনপ্রথমবাৰৰ বাবে এখন জাহাজে ২ মিনিটৰ বাবে খবৰ পঠিয়াবলৈ সক্ষম হৈছিল। সেই ঠাই পোৱাৰ লগে লগে ৰাডাৰ বিকল হৈ যায়। উল্লেখযোগ্য যে সাগৰীয় পানীৰ তীব্র সোঁতত এক চুম্বকীয় শক্তিৰ উদ্ভৱ হয় বুলিও একাংশ বিজ্ঞানীয়ে মতে প্রকাশ কৰাৰ বিপৰীতে আজিলৈকে সত্যাসত্য উদ্ঘাটন কৰিব পৰা নাই। সি সদায়ে ৰহস্য হৈয়ে আছে।

STUDENTS' CORNER

The Unfulfilled Dream: Overcoming the Weight of Unrealized Potential

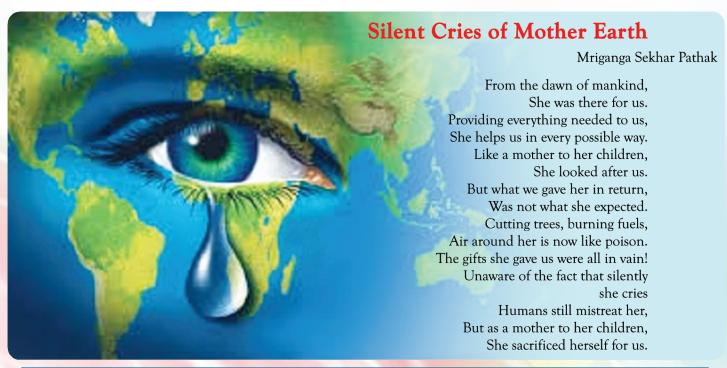
-Prantika Chakrovorty

Life is a tapestry woven from hope, ambition, and resilience threads. Yet, the journey is marred by the nagging sense of unfulfilled potential for many. The feeling of not being able to fulfil one's aims in life can be a crushing burden, threatening to erode self-worth and purpose.

This emotional quagmire often arises from unrealistic expectations, whether self-imposed or external. Societal pressures to conform to traditional norms, familial expectations, or personal aspirations can create an unattainable standard. The resulting disappointment and frustration can lead to feelings of inadequacy and self-doubt. Internal conflicts can exacerbate this sense of stagnation. Fear of failure, procrastination, and perfectionism can become insidious obstacles, hindering progress and reinforcing negative self-talk. The weight of unfulfilled dreams can also manifest physically, leading to anxiety, depression, and emotional exhaustion. However, it is essential to recognize that this feeling is not a definitive verdict on one's potential. Rather, it presents an

opportunity for introspection and growth. By re-evaluating goals and priorities, individuals can rediscover their core values and passions. Breaking down ambitious objectives into manageable steps can foster a sense of accomplishment and momentum. Moreover, cultivating self-compassion and seeking support from others can provide a vital lifeline. Sharing struggles with trusted friends, family, or mentors can help reframe perspectives and uncover new solutions. Such practices of mindfulness as meditation and journaling can also facilitate emotional regulation and clarity. Ultimately, overcoming the feeling of unfulfilled potential requires embracing progress, not perfection. By acknowledging small victories and celebrating incremental growth, individuals can rekindle their spark and move forward.

The unfulfilled dream is a universal human experience, but it does not define one's worth. By recognising the complexity of this emotional landscape, individuals can begin to release the burden of expectation and embark on a journey of self-discovery and growth.









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